

MS MEGA

SQUASH & RACQUETBALL

RULES AND SAFETY

- 12-15 players in a team.
- Teams must have at least one player on the court at all times.
- Two teams per court.
- Teams are rotated every few hours to enable all teams to play each other.
- Each team must keep track of the points accumulated using the score sheet provided. The order, duration and number of times a team member plays are at the discretion of the team.
- Games are to be played using PAR (point a rally) scoring.
- If players are undecided, then a toss of a coin between the two players will decide.
- The Team Captain (or appointed representative) is responsible for rostering players on court in 13-minute blocks.
- 2-minute breaks are permitted every 13 minutes.
- Qualified first aid personnel will be available for the duration of the event.
- Only Squash or Racquetball may be played, singles or doubles - players on court to choose which discipline.

MATCH

Play is conducted in 13 minute blocks and scoring is point-a-rally. At the conclusion of each 13 minute block, the player with the most points must record the score on the official scoresheet, there is a 2 minute break and then the next 13 minute block will commence

SAFETY

Eye Protection: To prevent serious eye injuries, players must wear eye protection which complies with the current Australian Standard.